



*Mande Durdines*

Area Manager

When I was about 4 months pregnant, Arbonne came into my life. For four long months, I was suffering from an imbalance of PH in my body. Being told by three Drs that there was nothing else I could do, besides stay on a prescription for the rest of my pregnancy, I was looking for answers, and fast. Also, to make matters worse, I had just recently been let go from my previous job creating a very strong worry and stress in my family's life. Once I heard how the 30 day challenge helps to alkalinize the body and change our health naturally, by allowing food to be medicine (as well as it being a business plan) I knocked two birds out with one stone and jumped not only into the 30 day challenge, but into starting my own business as well. Within just one week, I no longer needed to use my prescription medication, and found out that my body during pregnancy was reacting to gluten! Now 6 months later with Arbonne, I've given birth to my healthy baby girl, and am able to stay at home and be present in her everyday life. Without this challenge I would have had to resort to prescription medication throughout the remainder of my pregnancy, and without this business, I would be having to put my sweet baby girl into a childcare facility because I would need to return to work. Blessed and grateful is an understatement!! Baby Lennon and I are now able to spend our days as we want, going on walks and meeting new friends and share the blessings this company has given us.